

## *Chemical Peels*

Chemical peels can be performed on the face, neck, hands and even the arms and legs. Chemical peels can effectively improve a wide variety of skin conditions including fine lines and wrinkles, uneven pigmentation, shallow acne scars, sun-damaged skin, age spots and freckling. Superficial, medium, or heavy peels all rejuvenate the skin by exfoliating the outermost epidermal layer, encouraging cell renewal and stimulating collagen formation in the underlying dermal layer, revealing a fresher, younger looking skin.

In our office we offer a variety of chemical peels. These include:

Customized Peel (Aloe or Enzyme)  
Glycolic Acid  
Beta or Jessner  
Mandelic Acid  
Precision Peel  
Medium TCA Peel –  
Face, Chest, Arms, or Upper Back  
Medium TCA Peel – legs

### *Enzyme*

A powerful anti-oxidant treatment that exfoliates and draws out impurities while introducing nourishing vitamins and pumpkin or cranberry enzymes into the skin.

### *Glycolic Acid*

This intense peel uses higher concentrations of alpha hydroxyl acid (glycolic acid) to deliver a rapid exfoliation of the top layers of the skin without redness or discomfort. A perfect procedure for refining fine lines and lightening pigmentation from age, sun and pregnancy.

### *Jessner*

Jessner's solution, which contains resorcinol, salicylic acid, and lactic acid penetrates deeper into the skin to clear stubborn acne, scarring, hyperpigmentation or deeper wrinkling.

### *Precision Peel*

This peel uses retinoic acid for deeper exfoliation to improve dark spots, sun damage, and fine lines. These peels can be done on any range of skin color.

### *Mandelic Acid*

Mandelic Acid is an alpha hydroxyl acid derived from the bitter almond. It has both antibacterial and antiaging properties. It is also useful in suppressing pigmentation, treating inflammatory noncystic acne, and rejuvenating photoaged skin with less irritation and erythema.

Peels are chosen by our esthetician to fit specific skin care needs. Each peel gives different results.

### *TCA*

Medium TCA peels are performed by the physician or physician's assistant for significant sun damage or precancerous lesions.

Skin will be prepared with a variety of cleansers and astringents by the nurse or medical assistant. Following that, a chemical will be applied to the face (or other body part as indicated). Moderate burning sensation will be experienced for 1-5

minutes until the acid is neutralized with water. The skin will be “frosted” or appear slightly white for up to 2 hours following the procedure. This typically lasts 10-15 minutes followed by a mild “blush”.

The skin will begin to tighten and turn brown on the second day. By the third day, the skin should begin to peel. If peeling occurs, it may last for 7-10 days.

## *Risks and Complications*

Complications could potentially occur with chemical peels, as they can occur with any other form of surgical treatment. They are:

- Skin infection (pus, oozing, fever)
- Appearance of a cold sore on the lips or any portion of the peeled area. (Note: the cold sore can spread if not cared for immediately.) Please inform your physician if you have a history of cold sores so that medication can be prescribed.
- Allergic reaction or irritation to any of the creams or medications.
- Wind or sun sensitivity
- Extreme reactions such as scarring or keloids
- Increase or decrease in skin pigmentation which does not blend with normal skin may occur after healing from the treatment. Hyperpigmentation (darkening of the skin) may be reversed with the bleaching creams. Hypopigmentation (lightening of skin) may be permanent.



Dermatology  
& Vein Institute

### *Make-up Consultation*

We are proud to offer GloMinerals because it is uniquely formulated for skin care professionals. This advanced formulation combines pharmaceutical grade ingredients, natural high-pigment minerals and the power of antioxidants. These formulations deliver unsurpassed coverage, broad spectrum UV protection and assist in combating free radical damage. GloMinerals offers innovative new products with a color palette rich with the hottest hues and timeless color classics. Our board certified esthetician guides patients through make-up application that will flatter your face.

### *Bridal Make-Up*

Patients are welcome to schedule an appointment to have their make-up done for their wedding or other special events.

### *Skin Care Consultation*

Our board certified esthetician will guide you through a skin care regimen tailored to your personal skin care needs, using the highest quality skin care products.



Dermatology  
& Vein Institute

## *Facials*

For a skin that needs refreshing, a facial is a great option. Pollution, make-up and even surface oils can clog pores leaving skin looking dull, rough, or tired. Our custom facials are designed to help attain and maintain healthy looking skin. The treatment begins with our esthetician's expert analysis of your specific skin type and condition. Then, a deep-pore cleansing and a gentle steaming will be performed to carry away the skin's surface impurities and open up the pores for the moisturizing steps that follow. Next, careful extractions remove persistent impurities. The procedure is finally completed with a hydrating mask moisturizer specific to your skin conditions and an effective sun screen to protect your radiant new look. Facials offer no downtime and quick results. Skin will have a more youthful, brighter appearance. Patients will see further results if they regularly maintain their skin with a facial.

In our office we offer a variety of facials for different skin types.

*Healing Touch Facial* – a gentle conditioning facial including a customized masque treatment, intensive rehydration therapy and cyrotherapy massage, ideal for pre- and post-cosmetic procedures.

*The “Lunchtime” Facial* – 30 minute gentle cleansing, toning, extraction, oxygen therapy and personalized masque for a quick refreshing of the skin

*The Executive Facial* – 60 minute indulgence starting with a warm paraffin bath of the hands followed by a gentle facial cleansing, toning, extractions, oxygen therapy, personalized masque and a facial and décolleté massage

Facials are performed by our board certified medical esthetician under the supervision of Dr. Hamilton.



Dermatology  
& Vein Institute

## *SilkPeel Microdermabrasion*

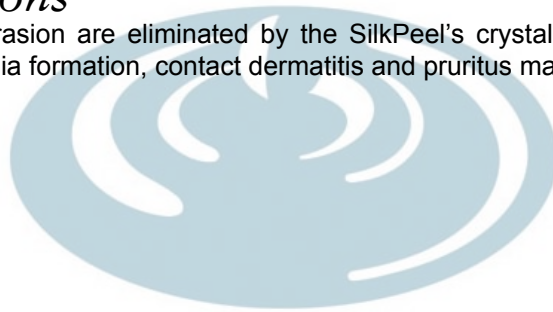
SilkPeel is a new procedure that combines precision exfoliation with Dermal-Infusion to address patient-specific skin conditions. The procedure operates on a closed-loop vacuum system; the treatment head exfoliates while delivering a topical dermaceutical at a controlled intensity.

SilkPeel effectively treats all skin types and treats hyperpigmentation, acne, photodamage, dehydration and fine wrinkles. SilkPeel goes beyond microdermabrasion by providing simultaneous exfoliation and Dermal-Infusion topical delivery treatment. It is a painless and soothing treatment; with no associated patient down time. Specific topical formulations are chosen to address your unique skin care needs. This treatment reveals younger, tighter and more radiant skin. Face, hands and décolleté will benefit from this effective treatment, and it may be used in conjunction with laser treatment for synergistic results.

The procedure is performed by our highly trained board certified medical esthetician under the supervision of Dr. Hamilton.

## *Risks and Complications*

The risks of traditional microdermabrasion are eliminated by the SilkPeel's crystal-free technology. However, minimal erythema, edema (swelling), acne, milia formation, contact dermatitis and pruritus may occur, all of which are temporary.



Dermatology  
& Vein Institute

## *Waxing*

Effective hair removal for the entire body, our waxing product contains gentle, yet effective germicide to ensure proper sanitation with your safety in mind. All waxing services are performed in a private room. Patients are charged per area.



Dermatology  
& Vein Institute