

Blepharoplasty

A surgical procedure used to restore a youthful appearance to the eye area. During the procedure, the upper and lower eyelids are lifted and any loose or excess skin or fat tissue is removed from the area. The procedure is limited to the eye area but may be combined with other methods and procedures to improve other areas of the face. Brow lifts, which raise the eyebrows or keep them from sagging over the eyes, may be recommended by your dermatologist to help improve the upper third of the face. Recovery time is minimal with stitches usually removed after five days. Minor swelling, bruising and discomfort should disappear within two weeks.

In our office we offer patients a combination of treatments to maximize their results. These combinations include:

Upper Lids
Upper and Lower Lids

This method involves removing the excess skin from either the upper or lower lid as well as the underlying fat pad. The surgeon makes an incision along the crease in the eyelid, peels back the skin and pierces the tissue underneath and removes the fat pad. The area is then cauterized (heat sealed), the loose skin is removed and the incision is cauterized.

The procedure takes about two hours and can be performed with local anesthesia.

Post-Operative Effects:

The post-operative effects are minimal and temporary. Stitches are usually removed after five days. Minor swelling, bruising and discomfort should disappear within two weeks. Cold compresses will help alleviate these side effects.

Risks and Complications:

A “too tight” or uneven appearance can be caused by the removal of too much skin or uneven amounts of fat. Additional surgeries can usually reverse this problem. On very rare occasions, bleeding behind the eye can impose pressure on the eye, pushing it forward in the socket. If not corrected by the surgeon, vision loss could result.

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